

AFTERCARE

PLATELET RICH PLASMA (PRP)



Platelet Rich Plasma (PRP) Treatment, more famously known as Vampire Facials, are designed to unveil your radiant and youthful glow.

The regenerative magic of PRP as we harness the power of your body's own platelets to stimulate collagen production and revitalise your skin. The process begins with a gentle blood draw, after which we isolate the platelet-rich plasma. This golden elixir, enriched with growth factors, is then delicately reintroduced into targeted areas of your skin through micro-needling or injection.

HOW SOON WILL I SEE THE RESULTS AND HOW LONG WILL THEY LAST?

The timeline for experiencing results from Platelet Rich Plasma (PRP) treatment varies from person to person, but many individuals notice initial improvements within a few weeks of their first session. This is due to the stimulation of collagen production and the activation of the body's natural healing processes initiated by the growth factors in PRP. However, the full extent of the results often becomes more apparent after completing the recommended series of treatments.

The longevity of these results is impressive, typically lasting for several months to over a year, depending on factors such as individual skin health, lifestyle, and adherence to post-treatment care. To maximize the duration of the benefits, it's advisable to follow the prescribed treatment protocol and any post-treatment guidelines provided by your skincare professional. PRP offers a gradual and sustainable transformation, allowing you to enjoy radiant and revitalized skin or enhanced hair density for an extended period.

POST TREATMENT CARE TIMELINE

THE NEXT FEW HOURS	TODAY	TOMORROW	THE NEXT WEEK	THE NEXT 2 WEEKS
<p>✗ Do not touch the injected area for a few hours.</p>				
<p>✗ Avoid wearing makeup for 24 hours - although mineral based makeup can be used after 6 hours if absolutely necessary.</p>				
<p>✗ Avoid alcohol & exercise for 24 hours.</p>				
<p>✗ Avoid sun bathing, sauna, steam room, sunbeds and extreme cold weather until all swelling has gone.</p>				
<p>✗ Avoid facials, dermaplaning, peels, laser treatments and other facial treatments for at least the next 2 weeks.</p>				
<p>✓ Use a good SPF of 30 or higher every day for the next 2 weeks or longer and maintain your regular skin care routine with a mild cleanser and moisturiser daily.</p>				



WHEN TO SEEK URGENT REVIEW

While Platelet Rich Plasma (PRP) treatments are generally considered safe, as with any medical procedure, there is a possibility of adverse reactions. However, severe reactions are rare. Most individuals tolerate PRP well, and side effects are typically mild and temporary. Common side effects may include redness, swelling, bruising, or discomfort at the injection site. These usually subside within a few days. Severe adverse reactions are exceedingly uncommon but can include **infection, allergic reactions, or nerve injury**.

If you have any questions or need any advice, then please do get in touch.