

AFTERCARE

AQUALYX FAT DISSOLVING



Aqualyx is a groundbreaking non-surgical treatment from the deoxycholate family. Specially formulated to target and eliminate localised pockets of fat, it offers a safe and effective way to contour your body by breaking down and liquefying stubborn fat cells allowing the body to eliminate them through the lymphatic system.

Aqualyx is ideal for those areas that seem resistant to diet and exercise, allowing you to achieve the silhouette you desire.

The treatment is minimally invasive, involving a series of injections directly into the targeted fat deposits.

Aqualyx is an injectable solution used to dissolve localised fat deposits in areas such as the hips, saddle bags, thigh, knees, jowls and chin. The body then expels the released fatty acids naturally. Recovery instructions: After treatment the area may redden and swelling and bruising may be experienced.

Aqualyx works by causing an inflammatory reaction in the fat cells which can result in swelling that lasts 3-5 days. This swelling can be obvious when having facial treatments (e.g. chin). During this time you may want to organise time off work / social engagements.

HOW SOON WILL I SEE THE RESULTS AND HOW LONG WILL THEY LAST?

As the fat cells break down and are naturally eliminated by your body, you'll begin to see the gradual transformation of the treated area. The final results become more apparent over a few weeks, revealing a sculpted and refined silhouette.

POST TREATMENT CARE TIMELINE

THE NEXT FEW HOURS	TODAY	TOMORROW	THE NEXT WEEK	THE NEXT 2 WEEKS
<p>✗ Avoid Anti-Inflammatory medication for at least 48 hours (eg. Ibuprofen, naproxen, aspirin in higher doses)</p>				
<p>✗ Avoid makeup or skincare products to the treated area for 12 hours – then only use a clean brush or sponge for application until day 5.</p>				
<p>✗ Avoid extreme temperatures, swimming pools, spas and saunas for a minimum of three days.</p>				
<p>✓ Any swelling can be reduced with the use of a cool pack wrapped in a clean cloth and used for a maximum of 20 minutes.</p>				
<p>✗ Avoid physical exercise for 10 days.</p>				
<p>✗ Avoid laser, cryolipolysis or radiofrequency treatments for 2 weeks.</p>				



WHEN TO SEEK URGENT REVIEW

Redness, tight and itchy skin are common side effects and should reduce over a short period of time without intervention if you have followed our post treatment care timeline advice.

Swelling: the treated area may feel tender and firm for up to eight weeks after your treatment - this is an expected side effect of the treatment.

Severe Pain or **Discharge** is not normal - if you experience these, then contact the clinic immediately for advice.

If you believe you are having an adverse reaction to your treatment outside of the common side effects then please:

- **During opening hours**, call us immediately.
- **Out of hours** - visit your local hospital's A&E and inform us by email. If you are able, please document your concern with photographs and include them in your email to us. If Trudy Mills Aesthetics staff tell you to attend the clinic for a physical assessment then you must do so and provision will be made to see you quickly.

Everyone expects a positive experience and a good treatment outcome. However, the practice of aesthetic medicine is not an exact science as every individual responds differently to the same treatment.

If you have any questions or need any advice, then please do get in touch.