

## AFTERCARE

### DERMAPLANING TREATMENT



Your Dermaplaning treatment is typically used to remove dead skin cells and vellous hair with the use of a medical grade sterile blade. This smooths the skin and improves tone and texture, promoting better product absorption and allowing smoother makeup application, whilst gently exfoliating.

After the treatment, you may experience slight redness, but you will be able to return to your normal activities immediately after the treatment, with no down-time.

Individuals may react differently and could experience small breakouts which should settle down very quickly. There is a small chance that there will be a few tiny superficial nicks with the blade during the treatment which will be barely noticeable.

### HOW SOON WILL I SEE THE RESULTS AND HOW LONG WILL THEY LAST?

The results of dermaplaning treatments typically last around 3 to 4 weeks.

### POST TREATMENT CARE TIMELINE

THE NEXT FEW HOURS	TODAY	TOMORROW	THE NEXT WEEK	THE NEXT 2 WEEKS
<p><b>X</b> Whilst you can wear makeup immediately after your treatment, we would recommend that you leave this until <b>the next day</b> wherever possible.</p>				
<p><b>X</b> Avoid exposure to extreme heat (e.g. sauna, steam, very hot showers and strenuous exercise) for <b>24 hours</b> - your skin may be prone to irritation directly afterwards and sweating may trigger this.</p>				
<p><b>X</b> Avoid intensive exposure to sun, sun beds or extreme weather conditions for a <b>week or so.</b></p>				
<p><b>✓</b> Use a daily sunscreen protection cream with a minimum of 30SPF.</p>				
<p><b>X</b> Avoid exfoliation of the skin for <b>7-10 days</b> after treatment.</p>				
<p><b>✓</b> You can undergo further dermaplaning treatments after <b>4 weeks.</b></p>				



### WHEN TO SEEK URGENT REVIEW

There are no risks involved with Dermaplaning, but should you have any concerns, then please do contact me.

If you have any questions or need any advice, then please do get in touch.