

AFTERCARE

ANTI-WRINKLE TREATMENT



Your Anti-Wrinkle Treatment involves the injection of Botulinum Toxin Type A into the muscles which relaxes the targeted muscles and smooths out the underlying skin.

After a Botulinum Toxin A treatment, you may experience some swelling, redness or bruising, which should subside with the next few hours, although bruising can take a few days to fade, especially if it is extensive. Arnica tablets or gel or Vitamin K Oxide cream can be used to help alleviate this.

Headaches are a normal side effect of this type of treatment and can be treated as you would normally.

HOW SOON WILL I SEE THE RESULTS AND HOW LONG WILL THEY LAST?

Results from the treatment will emerge gradually over the next 2 to 5 days and will continue to improve over the next two weeks. If this is your first treatment, we will contact you in about a week to book a follow up appointment in approximately 14 days post-treatment.

In terms of how long it will last - Botulinum Toxin usually lasts 3-4 months on average. Fine lines that do not disappear in the first two weeks will often continue to soften over the coming months. Those that don't can often be improved with dermal filler. Botulinum Toxin also helps prevent the development of new lines. Most people need a treatment every 4 months or so to get the best long term results and we will automatically contact you when it is a good time to consider another treatment.

POST TREATMENT CARE TIMELINE

THE NEXT FEW HOURS	TODAY	TOMORROW	THE NEXT WEEK	THE NEXT 2 WEEKS
<input checked="" type="checkbox"/> Use the muscles that have been treated more often for the first hour .				
<input checked="" type="checkbox"/> Remain upright for 2 hours .				
<input checked="" type="checkbox"/> Don't apply makeup for approximately 6 hours unless it is mineral based.				
<input checked="" type="checkbox"/> For the next 48 hours , avoid alcohol and exposure to UV or extreme heat (e.g. sauna, steam, sun beds, very hot showers, strenuous exercise) as this may increase discomfort & swelling.				
<input checked="" type="checkbox"/> For the next two weeks , avoid facial massages or electrical stimulation of the face.				
<input checked="" type="checkbox"/> When cleansing, use gentle strokes away from the eyes and minimal pressure				
<input checked="" type="checkbox"/> Avoid wearing tight caps or garments in the area that has been injected				



WHEN TO SEEK URGENT REVIEW

Allergy or Infection is the only possible side effect that would benefit from an urgent review by your clinician. Thankfully, they are extremely uncommon. If you get a painful or itchy bump or swelling near an injection site, then please contact us immediately.

Eye Symptoms, though extremely rare, would benefit from treatment. If you experience any side effects affecting the appearance or function of your eyes - especially very dry eyes - then this would benefit from treatment so please contact us at the earliest opportunity.

Anaphylaxis, is extremely rare but is a serious condition, typified by feeling unwell and developing swelling, rashes, redness or blotching around your face and you may experience difficulty in breathing and talking. Seek urgent medical attention by calling 999, explaining your concern is ANAPHYLAXIS. If you experience this at your appointment, your clinician is trained to recognise the symptoms and deal with this.

If you have any questions or need any advice, then please do get in touch.